Psychiatric University Hospital Zurich, Division of Clinical Psychiatry

SCALE FOR THE ASSESSMENT OF POSITIVE SYMPTOMS

S A P S

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| STUDY | [ _ _ _ ] | 1-4 |
| GROUP | [ _ ] | 5-6 |
| PATIENT | [ _ _ _ ] | 7-9 |
| RATING DAY | [ _ _ _ ] | 10-12 |
| CARD NUMBER | [ _ _ _ _ ] | 13-14 |
| Sex (1=male, 2=female) | [ _ _ _ _ ] | 15 |
| Birthday (dd.mm.yy) | [ _ _ : _ _ : _ _ ] | 16-21 |
| Date of hospitalization (dd.mm.yy) | [ _ _ : _ _ : _ _ ] | 22-27 |
| First diagnosis | [ _ _ _ _ ] | 28-32 |
| Second diagnosis | [ _ _ _ _ _ ] | 33-37 |
| Diagnostic system (1=ICD9, 2=ICD10, 3=DSM3-R, 4=DSM4) | [ _ ] | 38 |
| Age at onset | [ _ ] | 39-40 |
| Course (1=first manifestation, 2=intermittent, 3=progradent, 4=chronic) | [ _ _ _ _ ] | 41 |
| Duration of Current Episode Prior to Hospitalization (days) | [ _ _ _ ] | 42-44 |
| Medication Prior to Hospitalization (0=none, 1=antidepr., 2=neuroleptics, 3=other) | [ _ _ _ _ _ ] | 45 |
| Current Medication (cf. list of codes) | [ _ _ _ _ _ ] | 46-48 |
| Educational level (1=remedial, 2=junior high, 3=high, 4=college) | [ _ _ _ _ _ ] | 49 |
| DATE (dd.mm.yy) | [ _ _ : _ _ : _ _ ] | 50-55 |
| INTERVIEWER | [ _ _ _ _ _ ] | 56-58 |
| HOSPITAL | [ _ _ _ _ _ ] | 59-60 |
| PATIENT ID (the hospital’s internal PID) | [ _ _ _ _ _ _ _ _ _ _ ] | 61-72 |
0. CARD NUMBER [ _ _ ] 13-14

1. HALLUCINATIONS

1 Auditory Hallucinations [ _ ] 15
The patient reports voices, noises, or other sounds that no one else hears.

2 Voices commenting [ _ ] 16
The patient reports a voice which makes a running commentary on his behavior or thoughts.

3 Voices Conversing [ _ ] 17
The patient reports hearing two or more voices conversing.

4 Somatic or Tactile Hallucinations [ _ ] 18
The patient reports experiencing peculiar physical sensations in the body.

5 Olfactory Hallucinations [ _ ] 19
The patient reports experiencing unusual smells which no one else notices.

6 Visual Hallucinations [ _ ] 20
The patient sees shapes or people that are not actually present.

7 Global Rating of Hallucinations [ _ ] 21
This rating should be based on the duration and severity of the hallucinations and their effects on the patient’s life.

2. DELUSIONS

8 Persecutory Delusions [ _ ] 22
The patient believes he is being conspired against or persecuted in some way.

9 Delusions of Jealousy [ _ ] 23
The patient believes his spouse is having an affair with someone.

10 Delusions of Guilt or Sin [ _ ] 24
The patient believes that he has committed some terrible sin or done something unforgivable.

11 Grandiose Delusions [ _ ] 25
The patient believes he has special powers or abilities.
<table>
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<tr>
<th>0=None 1=Questionable 2=Mild 3= Moderate 4=Marked 5=Severe</th>
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12 **Religious Delusions**  
The patient is preoccupied with false beliefs of a religious nature. [ _ ] 26

13 **Somatic Delusions**  
The patient believes that somehow his body is diseased, abnormal, or changed. [ _ ] 27

14 **Delusions of Reference**  
The patient believes that insignificant remarks or events refer to him or have special meaning. [ _ ] 28

15 **Delusions of Being Controlled**  
The patient feels that his feelings or actions are controlled by some outside force. [ _ ] 29

16 **Delusions of Mind Reading**  
The patient feels that people can read his mind or know his thoughts. [ _ ] 30

17 **Thought Broadcasting**  
The patient believes that his thoughts are broadcast so that he himself or others can hear them. [ _ ] 31

18 **Thought Insertion**  
The patient believes that thoughts that are not his own have been inserted into his mind. [ _ ] 32

19 **Thought Withdrawal**  
The patient believes that thoughts have been taken away from his mind. [ _ ] 33

20 **Global Rating of Delusions**  
This rating should be based on the duration and persistence of the delusions and their effect on the patient’s life. [ _ ] 34

3. BIZARRE BEHAVIOR

21 **Clothing and Appearance**  
The patient dresses in an unusual manner or does other strange things to alter his appearance. [ _ ] 35

22 **Social and Sexual Behavior**  
The patient may do things considered inappropriate according to usual social norms (e.g., masturbating in public). [ _ ] 36

23 **Aggressive and Agitated Behavior**  
The patient may behave in an aggressive, agitated manner, often unpredictably. [ _ ] 37
24 Repetitive or Stereotyped Behavior
The patient develops a set of repetitive actions or rituals that he must perform over and over.

25 Global Rating of Bizarre Behavior
This rating should reflect the type of behavior and the extent to which it deviates from social norms.

4. POSITIVE FORMAL THOUGHT DISORDER

26 Derailment
A pattern of speech in which ideas slip off track onto ideas obliquely related or unrelated.

27 Tangentiality
The patient replies to a question in an oblique or irrelevant manner.

28 Incoherence
A pattern of speech that is essentially incomprehensible at times.

29 Illogicality
A pattern of speech in which conclusions are reached that do not follow logically.

30 Circumstantiality
A pattern of speech that is very indirect and delayed in reaching its goal idea.

31 Pressure of Speech
The patient’s speech is rapid and difficult to interrupt; the amount of speech produced is greater than that considered normal.

32 Distractible Speech
The patient is distracted by nearby stimuli which interrupt his flow of speech.

33 Changing
A pattern of speech in which sounds rather than meaningful relationships govern word choice.

34 Global Rating of Positive Formal Thought Disorder
This rating should reflect the frequency of abnormality and the extent to which this affects the patient’s ability to communicate.